

In Brazil, our partner *Justiça nos Trilhos* supports communities, including those of Aylla and Lara, helping them seek justice from polluting companies and protect their rights and our Common Home.

“Hello! My name is Aylla and I live in Piquiá da Conquista, in the state of Maranhão, Brazil. Last year, 312 families, including mine, were relocated from our old village because of industrial pollution. Around my home, there was a railroad on one side and steel mills and a cement factory that emitted toxic dust and fumes on the other. Back there, the air we breathed was really bad and it made us sick. We couldn’t ride our bikes anymore because the streets were dangerous and full of potholes, and company trucks drove by too often. Here, I’m really happy! I can walk, ride my bike and go to the field to play soccer, my favorite sport!”

Meet  
AYLLA,  
12

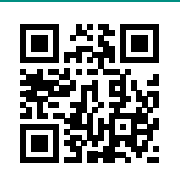


Meet  
LARA,  
9

“Hello! My name is Lara and I live with my family and my grandmother in a rural area near Açailândia, in Brazil. There used to be a lot of forests here, but little by little, they were all cut down to make way for large soybean fields. When the planes come to spray the soybean fields with pesticides, they fly over our houses and also spray our fruit trees, our gardens and our animals. It’s very bad for our health. We must take good care of the environment. I love living here! I go to school, I play outside, I love eating all kinds of fruit like jackfruit, mango and guava. When I grow up, I’d like to be a farmer.”



To meet Aylla and Lara, watch the two videos from the series *A Day in the Life...* and don’t miss the new podcast on Brazil, all available online!



LET’S PLAY !

What are some of the impacts of the Carajás railway on nearby communities in Brazil?  
Circle all correct answers.

|  |   |   |  |   |
|--|---|---|--|---|
|  <p>Houses crack due to strong vibrations.</p> |  <p>Families are disturbed by the loud noises.</p> |  <p>People and animals get injured trying to cross the tracks.</p> |  <p>Iron ore dust from open wagons pollutes the environment.</p> |  <p>Deforestation and the loss of animals harm traditional ways of life.</p> |
|--|---|---|--|---|

On track for  
JUSTICE

Share  
Lent 2026



Development  
and Peace

CARITAS CANADA



Solidarity Calendar

Lent calls us to three actions:  
praying, fasting and almsgiving.



PRAYING

We pray to grow close to God, the source of our strength and the inspiration for how we live in the world.



FASTING

We fast from things we enjoy. When we do this, we create space for God.



ALMSGIVING

We give alms because we are inspired by God’s love of every part of His creation. We respond with charity, helping others in their need, and with justice, bringing transformation to systems, policies and ourselves. We do this in participation with God, to build His kingdom on Earth.

WHO WE ARE

Since 1967, Development and Peace — Caritas Canada has been working alongside families and communities in the Global South to build a world of peace, justice and dignity.

Guided by the **Catholic Social Teachings**, we support women and social movements to create lasting change.

We want to eliminate the causes of poverty and inequality in the world through **awareness and fundraising campaigns** across Canada and by **supporting our partners’ projects** in 34 countries around the world.

Journey “on track for justice” with our Solidarity Calendar to **learn, think, pray and act** with us during this holy season of Lent.





Get ready!



Decorate a recycled container and use it to collect donations throughout Lent. Bring the money you collect to your parish's Solidarity Sunday collection or donate online at [devp.org/give](https://devp.org/give).



When you see this icon, go to [devp.org/lentcalendar](https://devp.org/lentcalendar).



When you see this icon, the activity earns you a D&P Schools badge! Visit [devp.org/schools](https://devp.org/schools) to learn more.

Happy Share Lent!

# Solidarity Calendar

**February 18**  
**Ash Wednesday**

Let's be the hands and feet of Christ and get "on track for justice!"



**February 19**

Plant a mustard seed and watch it grow throughout Lent.  
**Major Mustard**



**February 20**

Can you reduce your use of disposable packaging? Donate 50¢ for every wrapper in your lunch bag today.



**February 21**

Did you know that Development and Peace — Caritas Canada (DPCC) has a podcast? We even have episodes made especially for kids!



**February 22**

**First Sunday of Lent**

Our first *Symbol of Solidarity*, a **mask**, represents the challenges faced by rural communities whose air is contaminated by mining and industrial pollution.



**February 23**

Catholic Social Teaching (CST) is central to our faith and the work of DPCC. Each Monday, discover a CST and learn how it helps build the Kingdom of God.

**CST Promoter**



**February 24**

Our partner in Brazil, **Justiça nos Trilhos** (Justice on rails!) supports communities affected by mining and industrial agriculture.



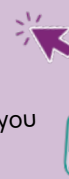
**February 25**

Pray the campaign prayer during your school's morning announcements or with your family.



**February 26 & February 27**

Learn the difference between **needs** and **wants** through our fun group activity! Give up a treat and donate what you would have spent on it.



**February 28**

**It's baking time!** Make and sell some baked goods to raise funds for DPCC. Every donation helps our partners fight injustice. Thank you!

**Fundraiser**



**March 1**

**Second Sunday of Lent**

Our second *Symbol of Solidarity*, a **nail**, represents the suffering of Brazilian communities whose lives are disrupted by the Carajás railway. There is a heavy cross to bear, like the one to which Jesus was nailed.



**March 2**

**Dignity of the Human Person**

As God's children, we are all made in His image. This means that everyone, simply by being, has inherent dignity which must be respected no matter what.



**March 3**

The extraction of minerals we need to power our cars and electronic devices pollutes the environment. Donate 25¢ for each car and electronic device in your home.

**March 4**

Learn about food supply chains with our **Banana Split game**.

**Supply Chain? Human Chain!**



**March 5**

Discover what a day in the lives of Aylla and Lara, two young girls living in Brazil, looks like.



**March 6**

This Sunday is International Women's Day. Learn about some **women peacebuilders** and reflect on what peace means to you.



**March 7**

**Care for the Earth!**

Today, pick up any garbage you see along your way. Don't forget to wear gloves and wash your hands afterwards! Give \$2 for your good deed!



**March 8**

**International Women's Day**  
**Third Sunday of Lent**

Our third *Symbol of Solidarity*, an **empty basket**, shows the loss of crops in communities affected by climate change, land grabbing and pollution.



**March 9**

**Preferential Option for the Poor**

This means that we must prioritize those most in need of our solidarity.



**March 10 & March 11**

Flip a world map "upside down" and start a conversation around DPCC's guiding principle, the **preferential option for the poor**.

**World Flipper**



**March 12**

Our partner ACA helps kids in Colombia build peace through art. How do you build peace?



**March 13**

Can you say *nākatēyimātān kikāwīnaw askīy*? This means, "Let us take care of our Mother Earth" in Cree. What do you know about Indigenous communities in Canada?



**March 14**

Give \$2 to support DPCC's partners who are running 59 projects around the world!



**March 15**

**Fourth Sunday of Lent**

This week's *Symbol of Solidarity*, a **mustard seed or sprout**, represents hope for tomorrow and how small acts (or small donations) done with great love can make a BIG DIFFERENCE.



**March 16**

**Stewardship of Creation**

Many wealthy countries exploit the resources of poorer ones, causing harm to people and our sacred Earth. Give \$2 for this ecological debt.



**March 17**

Go for a walk in nature and spend time in the beauty of God's Creation.

**March 18 & March 19**

Grab a pair of dice and play **Solidarity Snakes & Ladders** to learn more about DPCC's mission, both in the Global South and here in Canada.



**March 20**

This Sunday is World Water Day. Watch "Explained: World's Water Crisis" on YouTube and reflect on this life-giving resource that we can so easily take for granted.

**Bottled Water Free**



**March 21**

How many different countries can you name? Did you know? DPCC has projects in 34 countries! Donate 10¢ for every country supported.



**March 22**

**World Water Day**  
**Solidarity Sunday**

Bring your donation jar to church for today's Solidarity Sunday collection or donate online at [devp.org/give](https://devp.org/give). **THANK YOU!**



**March 23**

**Solidarity**  
We are all part of one big human family. So, what hurts one member affects us all.

**March 24 & March 25**

Find the tag on your shirt and research where it was made. How are garment workers treated in that country? Join us in one month (Friday, April 24) as we commemorate the Rana Plaza factory collapse in Bangladesh by having a "Dress Down, Speak Up" day. **Dress Down, Speak Up**



**March 26**

Craving more global justice in your algorithm? Follow **@DevPeace!**

**March 27**

Think of what you can do in your community to help change the structures that generate poverty and injustice.

**March 28**

Our partner Trócaire is helping prevent malnutrition in Sudan, a country facing a hunger crisis.

**March 29**

**Palm Sunday**

Let us pray in the words of Pope Leo XIV, that we may be "a Church that sets no limits to love."

**March 30**

The CST of Common Good asks us to prioritize what is good for **all human beings** and the **planet** above commercial interests.

**March 31**

Paint rocks with messages of justice, peace and love to create hope in your community.

**April 1**

Has the seed you planted grown? Share a photo with us at [youth@devp.org](mailto:youth@devp.org). We're not foolin'!

**April 2**

**Holy Thursday**

Are you a member of DPCC? Join us to help spread solidarity and "wash one another's feet."



**April 3**

**Good Friday**

Today, we commemorate the crucifixion of our Lord, Jesus. Please keep DPCC's partners in your prayers on this day.

**April 4**

**Holy Saturday**

Would your family want to *Share Year-Round*? Consider giving monthly to support our partners in the Global South and double your impact this Lent.



**April 5**

**Happy Easter!**

Alleluia, Alleluia! Lord Jesus, as we celebrate your rising, may we be a joyful Easter people who help you build a more just, more equitable "earth as it is in heaven."

Thank you for your *Solidarity!*

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